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The Central Hearth

A quarterly newsletter of the 1719 Herr House

1719 Herr House & Museum is Open

We are happy to be open and welcoming visitors again at the museum. We are open for walk-in guests on Fridays and Saturdays, 10am to 4pm. Interpretive tours begin at 10:00, 11:30, 1:00, and 2:30. We've been scheduling school groups, including home school groups, on Mondays and Thursdays. As of the writing of this newsletter, masks are required for unvaccinated guests only, and we are keeping groups to no more than 16 for the time being. Please contact Administrator, Tiffany Fisk, if you have questions, or to reserve a tour (717.464.4438 or museum@lmhs.org.) Hope to see you soon!

UPCOMING EVENTS

Don't miss these featured events. Visit [lmhs.org/events](https://www.lmhs.org/events) to learn more.

AUGUST 7

Native Ways: Cattail Series Part 3
9:00am - 11:00am

OCTOBER 2

Maize & Snitz fest
Native Ways: Cattail Series Part 4
9:00am - 11:00am

OCTOBER 9

Learning Tour: Underground Railroad, Columbia, PA

NOVEMBER 6

Family History Heyday
virtual genealogy conference

DECEMBER 3&4

Christmas Candlelight Tours



Sample projectile points from the museum collection, left to right: Palmer, found throughout the Eastern seaboard into the Ohio and Tennessee River Valleys, Early Archaic Period, 9500-8500 BCE. Material: grey chert Poplar Island, found From northern Virginia up through the Hudson River Valley, Middle Archaic-Early Woodland Period, 6000-2000 BCE, Material: brown quartz Shenks Ferry, specific to what is now Lancaster County, Pennsylvania, Late Woodland Period, 1200-1500 CE, Material: quartz

Partnership with Millersville University Benefits Students and the Museum

You may remember that last fall we partnered with Millersville University's Archaeology Field School and hosted the first dig in a number of years at the museum. That partnership continues to grow as our second intern from the program, Samantha Gambino, just completed her internship with us. She will be a senior this coming fall, majoring in History and minoring in Archaeology.

Over the course of the spring semester, Samantha organized, sorted, numbered, and created an identification guide for the large number of Native

American projectile points we have in the collection. She was able to identify points from Susquehannock, Pequea, and Shenks Ferry tribes, as well as some from groups not from this area. Some of the projectile points date from the Mississippian Period, from about 5,500 BCE to 1,600 CE.

Note that the museum has a varied collection and is not looking for more donated projectile points.

Samantha's work will allow us to more accurately interpret the people who

lived here before European settlement. We are looking forward to the fall semester, as we work out the details for the archaeological field school to return for a shorter dig. We will definitely have more to report over the course of the year.

1719 Herr House & Museum

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The view standing inside the Lancaster Longhouse and looking up at the ceiling. Each 1719 Herr House & Museum tour experience incorporates histories and cultures of Lancaster's first peoples, who remain as friends and neighbors and contribute to communities today.

Native Ways: A Plant for All Seasons – Cattails Series Launches

On Saturday, April 17, colleague and Circle Legacy partner Mary Ann Robins, Onondaga, introduced a sold-out class to some of the many ways Indigenous communities of the Eastern woodlands value and use the cattail plant. A few notes from the class follow.

You can eat cattail shoots. If you eat them green they taste a bit like cucumber, if you saute them, the flavor resembles asparagus. The rhizome offers a fleshy interior that is edible raw; it is more often ground into flour for baking. Class participants sampled cattail cakes during the April class.

Did you know Indigenous communities have long used the pollen from the “hot dog” that grows on the cattail plant to inoculate against allergies?

Mary Ann related a story of her brother following their mother’s advice to eat a little bit of pollen every day in order to stave off allergic reactions. You can also create a pollen cake with the pollen. Please note that you should never eat any part of a cattail that is growing very close to a road or other source of contamination.

During Saturday, June 19, the second class in the series, participants got up close with cattails by breaking them down into parts and beginning to process each part for a different purpose. Each class brings its own hands-on learning about Indigenous lifeways and wisdom.

Thanks to Goodville Mutual for sponsoring 2021 Native American programming.



Hands-on History

Summer issue of Hands-on History features step-by-step instructions to make your own slipware!



Download the PDF with step-by-step instructions at bit.ly/HandsOnHistory3



If you do not have access to the internet, request a paper copy by calling **717.464.4438**.



New Volunteers Join the Team

You may have noticed that we’ve been doing our best to rebuild our volunteer corps that had dwindled significantly in recent years. The bottom line is that we cannot be open for tours or have events without volunteer support. Fortunately, five women, from varying backgrounds, have agreed to volunteer their time. Only one has prior experience with the museum. We are looking forward to featuring volunteers in upcoming newsletters. Coupled with our “veteran” volunteers, we are developing a strong, and diverse group that will be able to provide educational, engaging experiences for our visitors. We’re just getting started, though, so if you’d like to volunteer, either as an interpretive guide or working on other hands-on tasks like maintenance projects or helping to build the new garden fence and raised beds, please contact Tiffany by phone or email (717.464.4438 or museum@lmhs.org.)

Local Rotary Group and Lampeter-Strasburg Students Tackle Kitchen Garden Weeds

April 24 was a picture-perfect day for an outdoor service project. We were thrilled to have the Lancaster South Rotary Club and the Interact Club from the Lampeter-Strasburg school district come out to the museum for a morning of tidying up our weedy kitchen garden area. Together, the two groups filled over 20 yard-waste bags and several wheelbarrow loads of weeds from the kitchen garden and the area around the millstones. They accomplished this feat in three hours! This is going to take constant maintenance, but the next goal is to have a new fence and raised beds made. We are grateful for the support of both groups and look forward to future projects.



First Hearth Cooking Class of the Season a Success

It has been well over a year since there has been a hearth cooking class in the 1719 Herr House. On May 1, we held our first of what we hope to be several classes. This particular class focused on receipts (recipes) appropriate for the season. Class registrations filled immediately with six people who are cooks from Rock Ford Plantation’s hearth

cooking group, so we focused on food that would have been appropriate for a late 18th century wealthy household. The class made Veal in Paper, Asparagus Dressed like Peas, Strawberry Fritters, and Chocolate Ice Cream. Everything was delicious! We are hoping to offer a beginner bake oven class this fall, so stay tuned.

